

Singapore Ice Skating Association

Affiliated to the International Skating Union

Website: www.sisa.org.sg

Form Document: 131-V4



SISA 2009 NATIONAL TEAM AND DEVELOPMENT TEAM ACCEPTANCE AND AGREEMENT

Overview

This Acceptance and Agreement is for all athletes included as members of the 2009 National Team and 2009 Development Team. National Team and Development Team nominees must complete and submit this Acceptance and Agreement form to the Administrative Coordinator by the due date. National Team and Development Team athletes are required to be familiar with this agreement, observe and abide by its terms throughout the season.

Related Documents

- SISA Policy – 100 Eligibility for Selection to National and Development Team

ACCEPTANCE AND AGREEMENT

Name of Athlete

NRIC/Passport No

Your acceptance as a member of the 2009-2010 National Team or Development Team is conditional on you entering into this agreement and observing its terms.

You should carefully read this document so as to understand it and the consequences flowing from any breach of its terms.

Retain one copy of the Agreement as a reference copy and return a signed copy to the Administrative Coordinator by the due date.

1. Introduction

This agreement covers the conditions by which I, the above athlete, have been selected as a member of the 2009 National Team or Development Team.

This agreement is not an employment agreement and does not make me an employee of SISA.

I agree that my membership of the designated Team is conditional upon me entering into this agreement and observing its terms and conditions, including adherence to the SISA Athlete Code of Conduct and Ethics.

This agreement will commence once I have signed the agreement and upon receipt of the agreement by the SISA Administrative Coordinator and will conclude 31st March 2010.

2. International Selection

The selection policies for international events in the season are on the SISA website. Athletes seeking nomination to international competitions within the season must have submitted an International Competition Application Form 2009-2010 (SISA Form 130) by the due dates.

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You will be notified of your international competition and/or championship nomination (according to the relevant selection criteria) and will be required to notify SISA if you wish to accept your position, by the date specified.

3. Anti-Doping

As a member of the Team you are required to be familiar with and agree to the ISU Anti-Doping Policy. This policy sets out the rules and regulations that bind skaters in regard to what's banned and permitted, testing and education which is compliant with World Anti-Doping Agency (WADA). The ISU Anti-Doping Policy and related resources can be found on the ISU website www.isu.org.

4. Team Requirements

As a member of the team you are required to adhere to and are bound by the following requirements within the year:

1. Submit a copy of my Annual Training Plan and Key Performance Indicator's (KPI's) to the Administrative Coordinator by the due date.

These plans ensure that all team athletes have a clear plan, directions and aims which they are working towards in the year. Templates and documents will be distributed to team members.

Skaters are encouraged to work with their coach/es or any other relevant professional when completing the documents. It's important that the skaters 'team' is all working towards the same aims and directions. All KPI's and training plans are kept confidential.

2. Submit quarterly reports (will be distributed one month prior to each due date) to the Administrative coordinator as per the agreed schedule.
3. Participate in regular local monitoring sessions scheduled throughout the season by international judges/specialists/controller assigned by the SISA Exco.

The monitoring sessions aim to support and aid the skater by providing athletes and their coach/es with feedback and suggestions. Monitoring will be conducted within a normal training session at a mutually suitable day and time.

4. Submit all required forms by the requisite deadlines. Such forms include, but are not limited to, Competitions Entry Forms, Athlete Screening, Planned Program Content, Media Information, Nomination Forms, Whereabouts Notification Forms, and any other forms required by the Local Organising Committees.
5. Be familiar with and agree to abide by the ISU Anti-Doping Policy.
6. Conduct myself so as to obtain and maintain my best possible fitness and health as part of the Team the best of my ability.
7. Undertake training in a responsible and enthusiastic manner.
8. Only participate in SISA sanctioned competitions, and notify or if necessary request permission from SISA to participate in competitions not held within Singapore.
9. Attend any meetings or development seminars, as requested by SISA Exco.

5. Skaters' Code Of Conduct And Ethics

- a. Respect the spirit of fair play and non violence and behave accordingly on the sporting arena.

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- i) "Fair Play is defined as much more than playing within the rules. It incorporates the concepts of friendship, respect for others and always playing within the right spirit. Fair play is defined as a way of thinking, not just a way of behaving. It incorporates issues concerned with the elimination of cheating, gamesmanship, anti-doping, violence (both physical and verbal), exploitation, unequal opportunities, excessive commercialisation and corruption".
- b. Conduct myself in the highest standards of honesty, respect, truth, fairness, ethical behaviour and sporting attitude in by my oral and written expressions.
- c. Accept that my participation in any SISA activity is an honour and privilege that carries important responsibilities.
- d. Agree not to use or possess illegal drugs, or directly or indirectly participate or aid in illegal drug use or drug rule violations, cause damage to persons or property, or engage in illegal activity, recognizing that all such activities bring disrepute to the sport of figure skating, SISA, Singapore and the ISU, and, in certain cases, may result in criminal charges, and SISA or ISU action against me.
- e. Adhere to all announced rules of SISA.
- f. Acknowledge that my performance, conduct and comments while a member of the National or Development Team, and a member of SISA, should genuinely stimulate trust and confidence among the members, skaters, officials, coaches, media and the public at large. I understand that my actions can reflect on SISA and the sport of skating both positively and negatively. I recognise that even the appearance of misconduct, impropriety, insincere attitude or purpose can be damaging.
- g. Agree to exhibit good sportsmanship at all times. I will not argue with coaches, referees, judges, competitors or officials from Singapore or other countries. I understand that protests may be lodged in accordance with SISA and ISU rules, only in writing after receiving permission to do so from SISA.
- h. Agree that any contact, interviews or appearances with the media, sponsors, sports, entertainment and other organizations, or any advertisements or endorsements of any kind must be channelled through SISA, and be conducted with SISA permission. I agree that any performances, exhibitions or shows of any kind that involve ice skating must similarly be channelled through SISA, and be conducted with SISA permission. I further agree that the SISA name or logo, and the Team Singapore name or logo, cannot be used without permission from SISA and SSC (Singapore Sports Council).
- i. Acknowledge that if I, or my representative, expresses ourselves in an improper manner towards any officials regarding their decisions or regarding the results of any competition, I, and/or my representative, may be suspended and/or excluded from further competitions.
- j. Agree to act with dignity, be ethical in all my dealings and uphold a high standard of moral conduct. If I behave in an improper manner towards coaches, parents, media or any official whether on-ice or off-ice, I may be excluded from the Team and may not be considered for overseas training or further competitions.
- k. Refrain from acting in a manner that may cause or contribute to injury to myself or any other person, and shall maintain a proper lookout to avoid other skaters, objects or conditions on the surface of the ice.
- l. I, or my representative, shall refrain from instigating or becoming involved in any type of altercation with any other skater, spectator or other person, and shall not engage in abusive, abrasive or disorderly conduct.

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- m. Dress appropriately and be punctual for all appointments, competitions, meals and social functions.
 - n. Familiarise myself with the competition program and be present at the competition venue at least an hour before the start of my event, or as directed by competition or SISA officials.
 - o. Unless certified medically unfit, I shall compete in all competitions, including training sessions and SISA organised activities to the best of my ability.
 - p. Agree that gambling, smoking or consumption of alcohol is prohibited at all times.
 - q. Agree not to consume any kind of prescription drugs or medication without the prior consent of a doctor during competition.
 - r. Understand that if a violation of this Code on my part is determined also to be "misconduct", SISA may suspend me for a definite period or forever exclude me from all SISA and ISU events and activities. I understand that all cases of disciplinary proceedings respecting misconduct shall be dealt with by the Singapore Ice Skating Association in consultation with the Singapore Sports Council and the Singapore National Olympic Council.

6. Disclosure of Information

I permit my email addresses (as provided) to be included on the official SISA distribution lists and/or similar, for the purposes of disseminating information to National Team and Development Team athletes.

7. Breach of this Agreement

I agree that, should I breach this agreement, SISA may at its discretion, terminate my membership of the National Team or the Development Team.

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I confirm that I have read, understood and accept the above terms and conditions.

ATHLETE

Signed

Date

Print Name

NRIC/Passport No

PARENT/GUARDIAN (If athlete under 18 years of age)

Signed

Date

Print Name

NRIC/Passport No

MAIN COACH

Signed

Date

Print Name

NRIC/Passport No

Please return completed agreement by the due date to the Administrative Coordinator

Authorised by:	Executive Committee
Date:	November 2008