

ELEMENTARY TEST

Candidate: _____

Date: _____

Number of Judges Required: At the discretion of SISA Figure Skating Committee

Technical Section Requirements: A free skating program of 2.00min +/- 10 secs to the music of the skater's own choice (vocal music with lyrics is permitted), comprising the following elements (can be skated in any order). Additional elements may not be executed.

Elements	Comments	GOE	GOE Repeat
a. Single Flip Jump			
b. Single Lutz Jump			
c. Jump Combination (single jump + single jump) (either jump may not repeat a or b)			
d. Jump Combination (single jump + single jump) (either jump may not repeat a or b)			
e. Camel or Sit Spin (no flying entry, Min 4 revs in camel or sit position)			
f. Spin Combination (No change of foot, no flying entry, min 6 revs in total, min 2 positions)			
g. One Step Sequence fully utilising the ice surface including three turns and mohawks on both feet			

Jumps: No jump is to receive the equivalent of a downgrade from the intended number of revolutions.

Repeat: A maximum of two elements may be repeated twice at the judges discretion without music. The elements to be repeated must be from the elements already executed, either one element twice or two elements once each. No substitutions of elements are permitted from those already executed.

Pass Mark: The assessment will take into consideration the Grade of Execution of the elements and the program components in determining a Pass or Fail. The program components must be a fair standard throughout the program.

A Pass cannot be awarded any element has a GOE of -5. The test is evaluated as a whole as either a Pass or Fail.

Test Result **Pass** **Fail**

Judges Name: (please print) _____

Judges Signature _____

Probationary Judge Assessment:

(Please tick appropriate box)

Poor

Fair

Good

Very Good

Excellent

Test Referees Signature: _____

BASIC NOVICE SINGLES TEST

Candidate: _____

Date: _____

Number of Judges Required: At the discretion of SISA Figure Skating Committee

Requirements: A Free Skating Program of 2:30 minutes duration (+/- 10 seconds) to the music of the skater's own choice (vocal music with lyrics is permitted) comprising the following elements (can be skated in any order). Additional elements may not be executed.

Element	Comments	GOE	GOE Repeat
Any Single or Double jump cannot be executed more than twice times in total			
a. Single Axel			
b. Single Lutz or any Double Jump			
c. Jump Combination (single – single, double – single, single-double, double-double)			
d. Jump Combination (single – single, double – single, single-double, double-double)			
e. Spin in one position (Camel or Sit). With a change of foot minimum of eight (8) revolutions or spin in one position without change of foot minimum of six (6) revolutions. Flying entry is allowed.			
f. Spin Combination. The spin combination with a change of foot and a minimum of eight (8) revolutions or without a change of foot with a minimum of six (6) revolutions. Flying entry is allowed.			
g. Step sequence fully utilising the ice surface			

Jumps: No jump is to receive the equivalent of a downgrade from the intended number of revolutions.

Repeat: A maximum of two repeats are permitted at the judges discretion without music. The element(s) to be repeated must be from the elements already executed, either one element twice or two elements once each. No substitutions of elements are permitted from those already executed.

Pass Mark: The assessment will take into consideration the Grade of Execution of the elements and the program components in determining a Pass or Fail. The program components must be a fair standard throughout the program.

A Pass cannot be awarded if any element has a GOE of -5. The test is evaluated as a whole as either a Pass or a Fail.

Test Result **Pass** **Fail**

Judges Name: (please print) _____

Judges Signature _____

Probationary Judge Assessment: Poor Fair Good Very Good Excellent
 (Please tick appropriate box)

Test Referees Signature: _____

INTERMEDIATE NOVICE SINGLES TEST

Candidate: _____

Date: _____

Number of Judges Required: At the discretion of SISA Figure Skating Committee

Requirements: A Free Skating Program, maximum duration of 3 mins +/- 10 seconds to the music of the skater's own choice (vocal music with lyrics is permitted) comprising the following elements (can be skated in any order). Additional elements may not be executed.

Element	Comments	GOE	GOE Repeat
Any Single or Double jump cannot be executed more than twice times in total			
h. Single or Double Axel			
i. Double Jump			
j. Jump Combination (double – single, single-double, double-double)			
k. Jump Combination (double – single, single-double, double-double)			
l. Jump Free Choice			
m. Flying Spin (minimum six (6) revolutions) OR Spin in one position with change of foot and a flying entrance (minimum eight (8) revolutions).			
n. Spin Combination with change of foot (minimum eight (8) revolutions), flying entrance is not allowed.			
o. Step sequence fully utilising the ice surface			
Program Components Comments – Skating Skills, Performance/Execution and Interpretation only to be evaluated			

Repeats: A maximum of two repeats are permitted at the judges' discretion without music. The element(s) to be repeated must be from the elements already executed, either one element twice or two elements once each. No substitutions of elements are permitted from those already executed.

Pass Mark: The assessment will take into consideration the Grade of Execution of the elements and the program components in determining a Pass or Fail. The **program components** must be to a **proficient standard** for the level throughout the program.

A Pass cannot be awarded if more than one element has a GOE of -5 or two elements have a GOE of -3 / -4.

The test is evaluated as a whole as either a Pass or Fail.

Test Result Pass Fail

Judges Name: (please print) _____

Judges Signature _____

Probationary Judge Assessment: Poor Fair Good Very Good Excellent
(Please tick appropriate box)

Test Referees Signature: _____

ADVANCED NOVICE SINGLES TEST

Candidate: _____

Date: _____

Number of Judges Required: At the discretion of SISA Figure Skating Committee

Requirements: An ISU Advanced Novice Short Program, maximum duration of 2 mins 20 seconds +/- 10 secs to the music of the skater's own choice (vocal music with lyrics is permitted), comprising the following elements (can be skated in any order). Additional elements may not be executed.

Element	Comments	GOE	GOE Repeats
a. Single or Double Axel Jump			
b. Double or Triple Jump immediately preceded by connecting steps (may not repeat a)			
c. Jump combination consisting of two double jumps or one double and one triple jumps May not repeat a) or b)			
Ladies: d. Layback/Sideways Leaning Spin OR spin in one basic position with no change of foot (min 6 revs)			
Men: e. Camel, Sit or Upright Spin (min 5 revs on each foot) with change of foot and no flying entry			
f. Spin combination with only one change of foot (min 5 revs on each foot), flying entry is allowed			
g. Step sequence fully utilising the ice surface			
Program Components Comments – Skating Skills, Transitions, Performance/Execution and Interpretation only to be evaluated			

Repeats: A maximum of two repeats are permitted at the judges' discretion without music. The element(s) to be repeated must be from the elements already executed, either one element twice or two elements once each. No substitutions of elements are permitted from those already executed.

Pass Mark: The assessment will take into consideration the Grade of Execution of the elements and the program components in determining a Pass or Fail. The **program components** must be of a **proficient standard** for the level throughout the program.

A Pass cannot be awarded if more than one element has a GOE of -5 or two elements have a GOE of -3 / - 4.

The test is evaluated as a whole as either a Pass or Fail.

Test Result Pass Fail

Judges Name: (please print) _____

Judges Signature _____

Probationary Judge Assessment: Poor Fair Good Very Good Excellent
(Please tick appropriate box)

Test Referees Signature: _____

JUNIOR SINGLES TEST

Candidate: _____

Date: _____

Number of Judges Required: At the discretion of SISA Figure Skating Committee

Requirements: A program consisting of 7 (seven) required elements. The sequence of the elements is optional. The skater may perform any of the current Junior Short Program Groups as listed in ISU Rule 611. The elements performed must be all from the same group, i.e. specific elements cannot be selected from multiple groups. The duration of the program is as defined in ISU Rule 502. Vocal music with lyrics is permitted.

Element	Comments	Repeats	GOE
Axel Jump * Ladies: Double Men: Double or Triple			
Solo Jump * Double or Triple <u>as prescribed in ISU group</u> immediately preceded by connecting steps and/or other comparable free skating movements			
Jump combination * <u>as prescribed in ISU group</u> Ladies: Two Doubles, One Double and Triple or Two Triples Men: Double and a Triple or Two Triples			
Flying Spin, as prescribed in ISU group no change foot, no change position, min 8 revs)			
Ladies: Layback or Sideways Leaning Spin or spin in one basic position with no change of foot (no flying entry, min 8 revs) Men: Spin in one position, as prescribed in ISU group (no flying entry, min 6 revs on each foot)			
Spin combination as prescribed in ISU group only one change of foot (min 6 revs on each foot)			
Step sequence fully utilising the ice surface			
Program Components Comments			

***The jump combination may consist of the same or another double or triple jump. However, the jumps included must be different from the solo jump.**

Repeats: A maximum of two repeats are permitted at the judges' discretion without music. The element(s) to be repeated must be from the elements already executed, either one element twice or two elements once each. No substitutions of elements are permitted from those already executed.

Pass Mark: The assessment will take into consideration the Grade of Execution of the elements and the program components in determining a Pass or Fail. The **program components** must be to a **proficient standard** for the level throughout the program.

A Pass cannot be awarded if more than one element has a GOE of -5 or two elements have a GOE of -3 / - 4.

The test is evaluated as a whole as either a Pass or Fail.

Test Result Pass Fail

Judges Name: (please print) _____

Judges Signature _____

Probationary Judge Assessment:
(Please tick appropriate box)

Poor

Fair

Good

Very Good

Excellent

Test Referees Signature: _____

SENIOR SINGLES TEST

Candidate: _____

Date: _____

Number of Judges Required: At the discretion of SISA Figure Skating Committee

Requirements: A program consisting of 7 (seven) required elements. The sequence of the elements is optional. The skater is to perform the following elements. The duration of the program is as defined in ISU Rule 502. Vocal music with lyrics is permitted.

Element	Comments	Repeats	GOE
Axel Jump* Ladies: Double Men: Double or Triple			
Solo Jump* Ladies: Double or Triple Men: Triple or Quad immediately preceded by connecting steps and/or other comparable free skating movements			
Jump combination ** Ladies: Double-Double, Double-Triple or Two Triples Men: Double-Triple, Two Triples, Quad-Double/Triple			
Flying Spin , no change foot, no change position, min 8 revs)			
Ladies: Layback or Sideways Leaning Spin or spin in one basic position with no change of foot (no flying entry, min 8 revs) Men: Spin in one position , (no flying entry, min 6 revs on each foot)			
Spin combination one change of foot (min 6 revs on each foot)			
Step sequence fully utilising the ice surface			
Program Components Comments			

The jump combination may consist of the same or another double or triple jump. However, the jumps included must be different from the solo jump.

*** One of the three jump elements performed must be a triple jump.**

Repeats: A maximum of two repeats are permitted at the judges' discretion without music. The element(s) to be repeated must be from the elements already executed, either one element twice or two elements once each. No substitutions of elements are permitted from those already executed.

Pass Mark: The assessment will take into consideration the Grade of Execution of the elements and the program components in determining a Pass or Fail. The **program components** must be of a **proficient standard** for the level throughout the program.

A Pass cannot be awarded if more than one element has a GOE of -5 or two elements have a GOE of -3 / - 4.

The test is evaluated as a whole as either a Pass or Fail.

Test Result **Pass** **Fail**

Judges Name: (please print) _____

Judges Signature _____

Probationary Judge Assessment:
(Please tick appropriate box)

Poor Fair Good Very Good Excellent